

Personal Social & Health Education

Personal, social and health education (PSHE) covers those aspects of the curriculum that contribute to a child's development that do not fit in to traditional subject boundaries. At Dodderhill that includes topics such as: careers, study skills, the environment, communication skills, personal relationships, financial awareness, health and sex education (covered in our Sex Education policy)

AIMS

- To think about issues and make informed decisions
- To make pupils aware of what a healthy lifestyle is
- To provide information on dangers of the abuse of alcohol, illegal drugs and tobacco
- To provide appropriate advice and support and to develop mutual respect

DELIVERY

At Dodderhill we have a varied approach to this, which includes:

- Class teachers in the Early Years and lower junior school
- Form teachers in the weekly form period from Y4 onwards as appropriate
- Designated specialist staff in the weekly timetabled PSHE session from Y4 – Y11.
- Religious Education curriculum
- Assemblies, visiting speakers and 'breakout days

TEACHING MATERIALS

- An age specific text provides basic resource material for each year from Y4
- A bank of materials and resources including leaflets, videos and work packs is held in the Careers Library

ALCOHOL, DRUGS & TOBACCO

The abuse of alcohol and drugs, both legal and illegal is increasing amongst young people in society at large. Even in a small community such as Dodderhill that has good relationships between staff, pupils and parents, we cannot afford to be complacent.

Alcohol, illegal drugs and tobacco are freely available and we must all be aware of the pressure girls may come under to experiment.

Pupils and parents are informed in the school rules that smoking, alcohol and the use of illegal drugs are forbidden.

PSHE CURRICULUM

Kindergarten – Y3

- Friendships, emotions, positive behaviour , respecting differences are dealt with through assemblies, circle and story times and sometimes over snack
- Good manners are reinforced at snack and lunch times
- Children learn about healthy eating, safe behaviour, medicines & health and personal hygiene through the EYFS curriculum
- Class teachers deliver all of this

Year 4 – Year 11

- Years 4 – 11 have ONE lesson of PSHE per week
- It is our aim to move entirely to a system of form teacher delivery of the programme in Years 4 – 10 under the guidance of Mrs Chris German as co-ordinator
- CG, with the support of the Headmistress, will deliver the Y11 programme which is focussed mainly on choice of sixth form and careers
- To date the situation is as follows:

Y4 VP (Form Teacher)

Y8 RB

Y5 SA (Form Teacher)

Y9 RB& AC (Form Teachers)

Y6 SF (Form Teacher)

Y10 AC

Y7 CG (Form Teacher & PSHE coordinator)

Y11 CG

Programme of work & resources

- There are detailed schemes of work for juniors and seniors
- A list of senior resources is on the staff shared area
- All senior resources are stored in the PSHE section of the Careers Library
- Junior staff hold the junior resource book which contain photo - copiable work sheets